



***Transforming the world, one child at a time.***

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**PROFESSIONAL DEVELOPMENT SEMESTER 2 2025**

Dear Colleagues,

We're excited to share our Semester 2 2025 lineup of online literacy and EQ-focused teacher training workshops! Each one is practical, engaging, and the literacy workshops are all aligned with the Science of Reading.

**Why choose us?**

- We practise what we teach — every strategy has been utilised in real time.
- Interactive, hands-on sessions full of ready-to-use resources.
- Free training videos are included for each workshop.
- Fees include GST.
- Contact us for tailored school/organisation packages

***We can break all these courses into shorter modules that will suit the needs of your educational community.***

***We can provide specific Zoom-based PD for your school needs.***

***Call us on + 61 409 911135 or email [martin@vcprograms.com](mailto:martin@vcprograms.com) for more information and charges.***

***Kind regards,***

***Victoria Carlton***



## DESCRIPTION OF COURSES

### LITERACY

#### JOLLY PHONICS: 6 hours

- Find out why this globally acclaimed program has children reading and writing way ahead of their age level.
- Learn effective, fun ways to get your children phonologically aware and ready for formal phonics.
- Learn about the order of introduction of the 42 sounds and the teaching methods used.
- You will be introduced to the main 5 skills of Jolly Phonics.
- Discover the effective use of the Jolly Phonics Materials and creative ways they can be used.
- What components should be included in a Jolly Phonics lesson?
- How can Jolly Phonics be successfully integrated into your LITERACY program?

#### **Learn how to bring your Jolly Phonics program to life!**

- Art/craft activities for each sound
  - songs
  - poems
  - games
  - multisensory, creative activities to grow phonological awareness
- Expect to be on your feet a lot for this one!
- You will receive an e-book: CREATIVE APPROACHES TO PHONICS to help you implement the suggested activities and games.

*This course is recommended for all who are beginning to explore and use Jolly Phonics. It is also great for those who need a refresher.*

### **USING JOLLY PHONICS to HELP CHILDREN WITH LEARNING DIFFICULTIES 3 hours**

Jolly Phonics is exceptionally effective with children who have learning difficulties.

I have utilised the five main skills of JOLLY PHONICS to help hundreds of children catch up with their peers. During this workshop, I will demonstrate many of the subtle “tweaks” I have applied, as well as some multisensory, explicit games and strategies that work exceptionally well with struggling children.

You will receive a full package of games and activities to help you effectively teach all the sounds, blends and TRICKY WORDS.

### **JOLLY GRAMMAR One and Two 6 hours**

- Find out how Jolly Grammar teaches grammar, spelling and punctuation.
- Learn about some of the components of the whole program- Jolly Grammar 1-6.
- Examine a research study about Jolly Grammar in a Perth Primary school.
- Find out some ways Jolly Grammar can transform children’s writing and help them ALL to have success
- Discover ways to use MENTOR texts to deepen understanding of various grammar, spelling and punctuation concepts.
- Learn some simple but effective fun games to help your students learn to LOVE this program and apply these concepts to their writing.
- This workshop will show you how to teach you Jolly Grammar effectively and use games, literature and writing activities to bring your grammar program to life. You will learn how to align Jolly Grammar with your writing program and games to make your grammar and punctuation teaching come alive. All participants will receive my e-book: CREATIVE APPROACHES TO TEACHING GRAMMAR AND SPELLING.

*This course is recommended for all who are beginning to explore Jolly Grammar. It is also great for those who have done a previous course and need a refresher.*

All participants will receive my E-book: CREATIVE APPROACHES TO TEACHING GRAMMAR AND SPELLING.

**STAR: STudents At Risk: 12 hours**

This intensive and very practical 2-day (12 hours) course will teach you the theoretical background you need as well as the practical strategies to really make a difference in children's lives!

This course is suitable for all primary school educators and personnel who work with students at risk.

Participants will receive an e-book: STAR HELPING STUDENTS AT RISK

**CONTENT:**

**Day 1**

- ✓ Types and causes of learning difficulties, incidence and contributing factors.
- ✓ Identification of difficulties: testing, observation, planned evaluations.
- ✓ About various form of common difficulties such as ADD, Dyslexia and learning delay.
- ✓ John Medina's Brain rules- applying the to our teaching programs
- ✓ Influence of teacher expectations and personal beliefs about LDs
- ✓ Applying research from Educational Neuroscience
- ✓ CREAM model applied to LDs
- ✓ Learning styles and multiple intelligences: how to profile these children so congruence of learning-teaching style can be assured.
- ✓ Steps to creating comprehensive individual learning plans.
- ✓ How to select appropriate learning programs for students at risk and reading material that supports children at risk
- ✓ How you can meet these children's needs within a busy classroom.

## **Day 2**

- ✓ Ways to work closely and cooperatively with parents.
- ✓ How to nurture and increase self-confidence and motivation within these children.
- ✓ Developing a growth mind-set and incorporating the 12 RULES FOR HAPPINESS on a daily basis.
- ✓ Ways to improve concentration skills.
- ✓ Setting up Mastery Folders to individualise teaching programs
- ✓ Hands on maths strategies that work and materials and games that support struggling children
- ✓ How to keep an open mind and see the potential in every child while nurturing your own wellbeing as you engage in these transformative teaching strategies.

***This course can be presented in shorter modules to suit your educational community.***

### **RELUCTANT WRITERS - 6 hours**

This jam-packed day will leave you enthused, re-energised and excited to start the brilliant teaching strategies you will meet. Even the most reluctant writers will respond to these creative approaches.

Every strategy will be demonstrated to ensure you fully understand.

Each participant will receive a digital pack of MIND-JOURNEY visualisations, story starters, vocabulary helpers, writing affirmations and MAD writing topics.

Mind-journeys is an “inside-out” writing strategy, written and researched by me. I have written specific mind-journeys (types of visualisations) to help children access the right side of their brains, grow their imaginations, and be able to let their thoughts flow onto paper. Children introduced to this technique usually double their writing output within 3 months. They LOVE the approach, and it takes the most reluctant writers and helps them to love the process.

This workshop is suitable for all teachers who work with children aged 6-12 years.

## **USING PICTURE BOOKS TO TEACH PHONICS/READING/WRITING 6 hours**

Picture books are ideal tools for teaching all aspects of literacy.

We will teach you HOW to do this with books you probably already own!

Using picture books can significantly improve your children's comprehension at all levels —literal, inferential, and evaluative.

A range of picture books will be presented with specific strategies to develop understanding. All strategies will be demonstrated to you.

You will be given a special E-book- DIVING DEEPLY INTO PICTURE BOOKS to help you apply the knowledge from this seminar into your homes and schools.

This book offers literacy strategies for five popular picture books.

## **Courses relating to EMOTIONAL INTELLIGENCE and GROWTH MIND-SET**

### **GROWTH MINDSET 3 hours**

WHAT is a Growth Mindset?

HOW does it contribute to academic success?

How do I develop a Growth Mindset so that I can model to the children in my care?

Our seminar will empower you to help your students become more resilient, optimistic, and develop 'I CAN' attitudes. You will receive many practical tools to help you bring this approach into your classrooms, including:

Gratitude journal

Seeds of Hope affirmation cards

## **EQ4KIDZ 12 hours**

This is a 2 - day course for educators, parents and all personnel who work with children.

You will learn, how do WE develop emotional intelligence and growth mind-sets and why is this important? This course targets resilience, self-esteem, positive mindset, mindfulness, improving social skills, emotional literacy, confidence, anger management, problem solving, goal setting and much more

Participants are taken through the research into this area and then led through practical life-skills applications to develop their own EQ. This course draws heavily from Daniel Goleman's research along with Stephen and Sean Covey, Carol Dweck, the Virtues Project and our own research in Australia.

This course has been full researched by Curtin University in Western Australia and found to be very effective. It has helped thousands of children to develop positive mindsets.

Drama, puppets, art, music, small group discussions and deep reflection times are some of our strategies.

Each participant receives a reflection journal to record their insights and help them to transfer this understanding to their work with children. Participants are led through each teaching module (there are 5) and learn the teaching strategies, picture books, games and art/craft and music with each facet of the course:

The 5 modules are named:

Who am I  
I am in charge of myself  
Who are you?  
Moving on  
Just do it!

Educators receive a pack of materials that will enable them to utilise these powerful strategies in their classrooms immediately.

You will also receive an E-book: EQ4KIDZ